

Pre-surgical instructions

Our goal is to exceed your expectations.

In order for us to better serve you; we have established the following guidelines.

- Diabetic patients: Please bring your glucometer to all appointments.
- If you are taking Coumadin/Warfarin or blood thinner medication, please notify our staff.
- Do not discontinue your aspirin regimen for this surgical procedure, regardless of strength.
- If you were prescribed an antibiotic, begin taking it 1 hour prior to your procedure as directed with a small sip of water.
- If you experience a rash or any digestive symptoms including loose stools, nausea or vomiting, please discontinue use immediately and call us.
- Please wear comfortable clothing. Blankets will be provided if desired.
- Ibuprofen (Advil®) and Acetaminophen (TYLENOL® Extra Strength) are recommended during your post-operative healing for 72 hrs, these can be purchased over-the-counter at any local pharmacy.
- Please bring any oral appliance you may use to your appointment (night guard, retainer, essex/flipper, etc).
- You can drive yourself to and from your appointment as there is no sedation involved.

We will reach out to you 1-2 weeks prior to the surgery date to confirm your appointment and answer any questions you may have. Prescriptions for the procedure will be sent to your pharmacy on file approximately one week before the surgery.