

Pre-surgical instructions for IV Sedation

Our goal is to exceed your expectations.
In order for us to better serve you, we have established the following guidelines.

Please arrive at least 15 minutes prior your scheduled appointment time. Two separate payments will be collected at check in: One for your portion of the surgery and a separate payment for anesthesia services.

- Diabetic patients: Please bring your glucometer to all appointments
- If you are taking Coumadin/Warfarin or blood thinner medication, please notify our staff
- Do not discontinue your aspirin regimen for this surgical procedure, regardless of strength.
- If you were prescribed an antibiotic, begin taking it 1 hour prior to your procedure as directed, with a small sip of water.
- If you experience a rash or any digestive symptoms including loose stools, nausea or vomiting, please discontinue use immediately and call us.
- Your Anesthetist/Anesthesiologist will be contacting you prior to your procedure to go over your health history. Please inform them of your current medications and they will direct you on how to proceed.
- Please wear a short-sleeved shirt and comfortable clothing. Blankets will be provided if desired.
- **Stop all food eight (8) hours prior to your surgery time, including milk.** Clear liquids may be consumed up to two (2) hours prior to your surgery. This includes water, apple juice, Gatorade, black coffee and tea.
- Ibuprofen and Tylenol ES are recommended during your post-operative healing for 72 hrs, these can be purchased over-the-counter at any local pharmacy.
- Please bring any oral appliance you may use to your appointment (night guard, retainer, essix/flipper, etc).
- **Your driver must be over the age of 18, and accompany you to check in.**
- **Driver is to remain on premises unless otherwise instructed.**
- **You will be required to have someone with you for 24 hours following your appointment.**

We will reach out to you 1-2 weeks prior to the surgery date to confirm your appointment and answer any questions you may have. Please pick up your prescriptions prior to the procedure, they will be sent to your pharmacy on file approximately one week before the surgery.