

Pre-surgical instructions for Oral Conscious Sedation

Our goal is to exceed your expectations.
In order for us to better serve you, we have established the following guidelines.

Please arrive at least 15 minutes prior to your scheduled appointment time to have oral sedative administered.

Prior to Appointment:

- No grapefruit or grapefruit juice 36 hours prior to taking your oral sedative (i.e. Halcion/triazolam). This interacts with the oral sedative and the effectiveness of the drug.
- If you can take Ibuprofen (Advil®) and Acetaminophen (TYLENOL® Extra Strength), they are recommended during your post-operative healing, as needed. Please be sure to purchase both and have it available for you at home following your procedure. These can be purchased over the counter at any local pharmacy.

Morning of Appointment:

- Please bring in your prescribed oral sedation medication and you will be instructed to take them once you arrive at our office.
- Stop regular food 6 hours prior to your surgery time.
- Please ensure you have a driver to and from your appointment as well as someone to stay with you for up to 24 hours after your procedure. **PLEASE HAVE DRIVER CHECK IN WITH YOU FOR YOUR PROCEDURE**
- Diabetic patients: Please bring your glucometer to all appointments.
- Please continue taking your aspirin along with your other regular routine medications. Do not discontinue your aspirin regimen, regardless of strength, for this surgical procedure.
- If you were prescribed an antibiotic, begin taking it 1 hour prior to your procedure as directed on your prescription. If you experience any adverse reactions, discontinue use immediately and call us.
- Please bring any oral appliance you may use to your appointment (night guard, retainer, Essix/flipper, etc.)
- Please notify us of any changes in your health, including medications, prior to your surgery.

We will reach out to you 1-2 weeks prior to the surgery date to confirm your appointment and answer any questions you may have. Please pick up your prescriptions before the procedure, they will be sent to your pharmacy on file approximately one week before the surgery.